



KARATE TOLEDO 2016

Mediterranean Senior Championships





25th SENIOR MEDITERRANEAN KARATE CHAMPIONSHIP

Welcoming Message of the President of World Karate Federation



With these lines I want to extend a warm welcome to all participants in these Mediterranean Karate Championships in the beautiful, interesting and full of history city of Toledo. I am sure that all delegation members coming from the whole Mediterranean basin will enjoy unforgettable days, and also a very good event under the competent organization of the Royal Spanish Karate Federation.

I also want to congratulate the President of the Mediterranean Karate Federation Bechir Cherif, that with his work and effort has been able to make from this event a reference in the WKF annual calendar. Next year we will all come to Tarragona to participate in the Mediterranean Games and again Karate will be between the top sports in one of the major multisport events of the Olympic cycle.

All the best to everybody in Toledo

Antonio Espinos

World Karate Federation President





25th SENIOR MEDITERRANEAN KARATE CHAMPIONSHIP

Welcoming Message of the President of Mediterranean Karate Federations Union



It's a great pleasure for me as the president of MKFU to invite you to take part at the 25th Senior Mediterranean karate Championship which will be held from 10-11 of September 2016 in Toledo Spain. The 25th session of the MKFU senior champs is a test event for the upcoming 18th Mediterranean Games which will be held in Tarragona 2017 and of which Karate is among the 31 sports participating in this major sport event.

Our MKFU Senior championship will be held in Toledo which is one of the Spanish cities with the greatest wealth of monuments. Toledo preserves an artistic and cultural legacy recognized all over the world, thus we are sure that Toledo can be a pole of attraction of many countries to participate in the 25th MKFU champs.

I want to thank the Spanish karate federation and its president Mr. Antonio Moreno for doing all their best to organize a very successful championship. Their experience and knowledge in organizing big events proved very successful in the past. I also want to deeply thank the president of WKF Mr. Antonio Espinos because with his continuous support and presence and outstanding contribution we achieve a better development and progress of the MKFU.

We are looking forward in welcoming you in Toledo Spain and have a unique experience during our karate championships.

Bechir Cherif

Mediterranean Karate Federations Union President





25th SENIOR MEDITERRANEAN KARATE CHAMPIONSHIP

Welcoming Message of the President of Spanish Royal Karate Federation



Karate family has a new appointment in the great city of Toledo.

The 25th Senior Mediterranean Karate Championship which will be held from 10-11 of September 2016, it's a unique opportunity to show the great values and plasticity of our beloved martial art to all the world.

Spain can be proud to be one of the most prepared and veteran federations organising internationals karate events.

The host City, Toledo, is the Imperial City that our sport needs. With a lot of history, the athletes could find art, monuments, gastronomy, and a very warm population.

I want to thank the MKFU and its president Mr. Bechir Cherif to give us the opportunity to celebrate in Spain this important karate championships.

Yours faithfully

Antonio Moreno Marqueño



Spanish Royal Karate Federations President





25th SENIOR MEDITERRANEAN KARATE CHAMPIONSHIP

Welcoming Message of the President of Castilla la Mancha karate Federation



During 10th and 11th September the Mediterranean Senior Championship will be hold in Toledo, that is the reason why as President of Castilla-La Mancha Karate Federation, I would like to welcome to all delegations attending this nice Karate Championship as well as to the family fans attending this appointment of Mediterranean Senior Karate Championship.

Expressing our gratitude to RFEK and DA for the trust placed in our organization of such an important international event and thus we are at their complete disposal.

Toledo is one of the most important cities not only of Castilla-La Mancha and Spain, but also in the world, in fact is listed as a World Heritage City, and therefore we hope that during these days you could enjoy this wonderful city.

Wishing luck to all participants, hoping they compete in accordance with the values of our sport.

Javier Pineño Roldán

Castilla la Mancha Karate Federation





25th SENIOR MEDITERRANEAN KARATE CHAMPIONSHIP

Host City: TOLEDO

World Heritage Site by Unesco. Imperial City



The city of Toledo, declared a World Heritage Site by UNESCO in 1986, is located on a rocky headland, bordered by the river Tajo in the very heart of Spain. Considered by many to be a "Second Rome", Toledo is still very much a unique city. Unique in its details, history, culture and charm. Three cultures from three single-faith religions – Muslim, Hebrew and Christian – left their imprints on this sad rock and cradle of civilizations – as Cervantes wrote – embracing the Tajo, witness to the mark of all the peoples of the Iberian Peninsula.

LOCATION: In the centre of Spain

POPULATION: 78.618

TOTAL amount of MEMBERS: 19.300

- Region of Castilla la Mancha: 2.500
- Region of Madrid: 16.800

TOTAL amount of CLUBS: 385

- Region of Castilla la Mancha: 60
- Region of Madrid: 325

DISTANCE from AIRPORT: Located just 45 minutes from Madrid´s Barajas Airport, and connected to Spain´s capital by Highway and AVE (high speed train)



25th SENIOR MEDITERRANEAN KARATE CHAMPIONSHIP

Train from Madrid to Toledo – www.renfe.com

Friday 9 September

Train	Madrid	Toledo	Time
▶08062 AVANT	06.50	07.23	33 min.
▶08072 AVANT	07.50	08.23	33 min.
▶08082 AVANT	08.50	09.23	33 min.
▶08292 AVANT	09.20	09.53	33 min.
▶08102 AVANT	10.20	10.52	32 min.
▶08312 AVANT	11.20	11.53	33 min.
▶08322 AVANT	12.20	12.53	33 min.
▶08132 AVANT	13.50	14.23	33 min.
▶08142 AVANT	14.50	15.23	33 min.
▶08152 AVANT	15.50	16.23	33 min.
▶08162 AVANT	16.50	17.23	33 min.
▶08172 AVANT	17.50	18.23	33 min.
▶08182 AVANT	18.50	19.23	33 min.
▶08192 AVANT	19.50	20.23	33 min.
▶08212 AVANT	21.50	22.23	33 min.

Saturday 10 September

Train	Madrid	Toledo	Time
▶08082 AVANT	08.50	09.23	33 min.
▶08292 AVANT	09.20	09.53	33 min.
▶08102 AVANT	10.20	10.52	32 min.
▶08312 AVANT	11.20	11.53	33 min.
▶08322 AVANT	12.20	12.53	33 min.
▶08132 AVANT	13.50	14.23	33 min.
▶08152 AVANT	15.50	16.23	33 min.
▶08172 AVANT	17.50	18.23	33 min.
▶08192 AVANT	19.50	20.23	33 min.
▶08212 AVANT	21.50	22.23	33 min.

Sunday 11 September

Train	Madrid	Toledo	Time
▶08082 AVANT	08.50	09.23	33 min.
▶08292 AVANT	09.20	09.53	33 min.
▶08102 AVANT	10.20	10.52	32 min.
▶08312 AVANT	11.20	11.53	33 min.
▶08322 AVANT	12.20	12.53	33 min.
▶08132 AVANT	13.50	14.23	33 min.
▶08152 AVANT	15.50	16.23	33 min.
▶08172 AVANT	17.50	18.23	33 min.
▶08192 AVANT	19.50	20.23	33 min.
▶08212 AVANT	21.50	22.23	33 min.



25th SENIOR MEDITERRANEAN KARATE CHAMPIONSHIP

Train from Toledo to Madrid – www.renfe.com

Friday 9 September

Train	Toledo	Madrid	Time
▷08063 AVANT	06.25	06.58	33 min.
▷08273 AVANT	06.50	07.23	33 min.
▷08073 AVANT	07.25	07.58	33 min.
▷08283 AVANT	07.55	08.28	33 min.
▷08093 AVANT	09.25	09.58	33 min.
▷08103 AVANT	10.25	10.59	34 min.
▷08123 AVANT	12.25	12.58	33 min.
▷08133 AVANT	13.25	13.58	33 min.
▷08153 AVANT	15.25	15.58	33 min.
▷08163 AVANT	16.18	16.51	33 min.
▷08173 AVANT	17.25	17.59	34 min.
▷08183 AVANT	18.25	18.58	33 min.
▷08193 AVANT	19.20	19.54	34 min.
▷08203 AVANT	20.25	20.58	33 min.
▷08213 AVANT	21.30	22.03	33 min.

Saturday 10 September

Train	Toledo	Madrid	Time
▷08093 AVANT	09.25	09.58	33 min.
▷08103 AVANT	10.25	10.59	34 min.
▷08123 AVANT	12.25	12.58	33 min.
▷08133 AVANT	13.25	13.58	33 min.
▷08153 AVANT	15.25	15.58	33 min.
▷08173 AVANT	17.25	17.59	34 min.
▷08183 AVANT	18.25	18.58	33 min.
▷08193 AVANT	19.20	19.54	34 min.
▷08203 AVANT	20.25	20.58	33 min.
▷08213 AVANT	21.30	22.03	33 min.

Sunday 11 September

Train	Toledo	Madrid	Time
▷08093 AVANT	09.25	09.58	33 min.
▷08103 AVANT	10.25	10.59	34 min.
▷08123 AVANT	12.25	12.58	33 min.
▷08133 AVANT	13.25	13.58	33 min.
▷08153 AVANT	15.25	15.58	33 min.
▷08173 AVANT	17.25	17.59	34 min.
▷08183 AVANT	18.25	18.58	33 min.
▷08193 AVANT	19.20	19.54	34 min.
▷08203 AVANT	20.25	20.58	33 min.
▷08213 AVANT	21.30	22.03	33 min.





25th SENIOR MEDITERRANEAN KARATE CHAMPIONSHIP

Bus from Madrid to Toledo – www.alsa.es

Aproximated duration time: 1 hour and 25 minutes

MADRID (Plza. Elíptica) - TOLEDO

From Monday to Friday.- 6:00* to 24:00 hours every 30 minutes, except 22:30 h. y 23:30 h. (*no Saturdays)

Sunday and festives.- De 8:00 a 24:00 cada 30 minutos (excepto a las 23:30). Por Bargas a las 9:00, 19:30 h.

De lunes a viernes.- 6:45, 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30, 12:00, 12:30, 12:30**, 13:00, 13:30, 14:00, 14:30, 15:00, 15:30, 16:00, 16:30, 17:00, 17:30, 18:00, 18:30, 19:00, 19:30, 20:00, 20:30, 21:00, 22:00.

**** 12:30.-Airport T4**

13:00 aprox.- Plaza Elíptica – Toledo

Saturdays.- 7:00, 8:00, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30, 12:00, 12:30, 13:00, 13:30, 14:00, 14:30, 15:00, 15:30, 16:00, 16:30, 17:00, 17:30, 18:00, 18:30, 19:00, 19:30, 20:00, 20:30, 21:00, 22:00

Sunday and festives.- 8:00, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30, 12:00, 12:30, 13:00, 13:30, 14:00, 14:30, 15:00, 15:30, 16:00, 16:30, 17:30, 18:00, 18:30, 19:00, 19:30, 20:00, 20:30, 21:00, 21:30, 22:00

TOLEDO – MADRID (Plza. Elíptica)

From Monday to Friday.- Primero a las 5:15, y de 6:00 a 22:30 hours every 30 minutes.

Saturday.- From 6:30 to 22:30 hours every 30 minutes.

Sunday and festives.- From 8:00 to 23:30 hours every 30 minutes.

From Monday to Saturday.- 6:00, 6:30, 7:00, 7:30, 8:00**, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30, 12:00, 12:30, 13:00, 13:30, 14:00, 14:30, 15:00, 15:30, 16:00, 16:30, 17:00, 17:30, 18:00, 18:30, 19:00, 19:30, 20:00, 20:30, 21:00, 22:00

****Toledo - Plaza Elíptica - Airport T4**

Saturday.- 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30, 12:00, 12:30, 13:00, 13:30, 14:00, 14:30, 15:00, 15:30, 16:00, 16:30, 17:00, 17:30, 18:00, 18:30, 19:00, 19:30, 20:00, 20:30, 21:00

Sunday and festives.- 8:00, 9:00, 10:00, 10:30, 11:00, 11:30, 12:00, 13:00, 13:30, 14:30, 15:00, 15:30, 16:00, 16:30, 17:00, 17:30, 18:00, 18:30, 19:00, 19:30, 20:00, 20:30, 21:00

TLF. INTERCAMBIADOR PLAZA ELÍPTICA.- +34 91 469 45 71

TLF. STATION SUR TOLEDO .- +34 91 468 42 00

YOU CAN RESERVE A BUS SERVICE FOR YOUR TEAM TROUGH THE OFFICIAL TRAVEL AGENCY

Price AIRPORT MADRID – TOLEDO

1-30 persons: 275 Euros (one way)

1- 50 persons: 310 Euros (one way)





25th SENIOR MEDITERRANEAN KARATE CHAMPIONSHIP

Other transportation options

Toledo Taxi Phone: +34 925 25 50 50

Usefull INFORMATION

Currency : The National Currency of Spain is Euro (€)

Banks: All Banks offer currency Exchange and cash advances on major credit card. Most banks open from 9:00 to 14:00 h on weekdays.

Language: The official language is Spanish.

Telephone: GSM, 3G, 4G

Emergency Calls : General 112/ Police 092/091

Time Zone: GMT +1

Electricity Power: The plugs are in accordance with the European standar system of round pins. 220V/ 50Hz

Weather: During month of September the climate in Toledo is clear and temperature is ranged between: **30 - 18 Celsius degrees**

Insurance: It is compulsory that all participants and members of delegations to have their own medical and personal trip insurance. Spanish Karate Federation and Mediterranean Karate Federation assume no liability or responsibility for the lack of insurance from participants and members of delegations.





25th SENIOR MEDITERRANEAN KARATE CHAMPIONSHIP

Sports Hall: JAVIER LOZANO CID



Located 3km from Toledo City Center

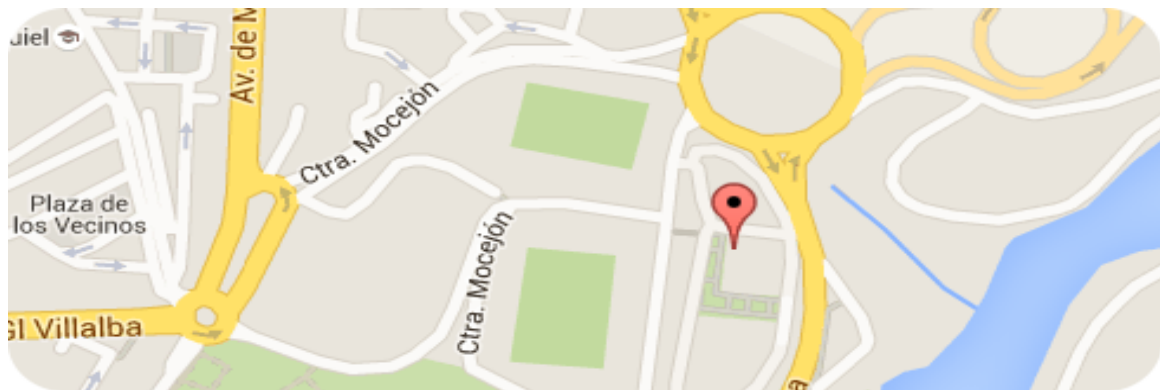
SPECTATORS CAPACITY: 2.500

ARENA DIMENSIONS: 40 m x 50 m

2 WARM UP AREA

5 COMPLEMENTARY ROOMS: Medical, press, meeting

ADDRESS: Carretera de Mocejón, S/N





25th SENIOR MEDITERRANEAN KARATE CHAMPIONSHIP

Press Accreditation

Press accreditation can only be given to professional journalists working for a media and having proof of their credentials.

Accredited journalists will have access to press áreas.

Photographers and TV or video cameraman will have access to their allocated seats only upon presenting the accreditation cards given to them during registration.

Journalists will not have access to the competition area.

Permits for video recording will be issued by the World Karate Federation.

VISA Requirements

- Entry visa is required for the following countries:

AFGANISTÁN	ANGOLA	ARABIA SAUDÍ	ARGELIA
ARMENIA	AZERBAIYÁN	BAHRAIN	BANGLADESH
BELARÚS	BELICE	BENIN	BHUTÁN
BIRMANIA/MYANMAR	BOLIVIA	BOTSWANA	BURKINA FASO
BURUNDI	CABO VERDE	CAMBOYA	CAMERÚN
CHAD	CHINA	COMORAS	CONGO
COREA NORTE	COSTA DE MARFIL	CUBA	DJIBOUTI
ECUADOR	EGIPTO	ERITREA	ETIOPIA
FILIPINAS	FIJI	GABON	GAMBIA
GEORGIA	GHANA	GUINEA	GUINEA BISSAU
GUINEA ECUATORIAL	GUYANA	HAITÍ	INDIA
INDONESIA	IRÁN	IRAQ	JAMAICA
JORDANIA	KAZAJSTÁN	KENIA	KIRGUISTÁN
KUWAIT	LAOS	LESOTO	LÍBANO
LIBERIA	LIBIA	MADAGASCAR	MALAWI
MALDIVAS	MALI	MARRUECOS	MAURITANIA
MONGOLIA	MOZAMBIQUE	NAMIBIA	NEPAL
NIGER	NIGERIA	OMÁN	PAKISTÁN
PAPUA N. GUINEA	QATAR	REP. CENTROAFRICANA	REP. D. DEL CONGO
REP. DOMINICANA	RUSIA	RWANDA	STO. TOMÉ PRÍNCIPE
SENEGAL	SIERRA LEONA	SIRIA	SOMALIA
SRI LANKA	SUDÁFRICA	SUDÁN	SUDAN DEL SUR
SURINAME	SWAZILANDIA	TAILANDIA	TANZANIA
TAYKISTÁN	TOGO	TÚNEZ	TURKMENISTÁN
TURQUÍA	UCRANIA	UGANDA	UZBEKISTÁN
VIETNAM	YEMEN	ZAMBIA	ZIMBABWE

Should any visa issues arise, please contact to Spanish Karate Federation:

Spanish Karate Federation

C/ Juan Alvarez Mendizábal, 70 – 1º izda.

Email: rfek@rfek.es




25th SENIOR MEDITERRANEAN KARATE CHAMPIONSHIP


Official Travel Agency

Regarding the accommodation, transportation, meals, and in order to book these services or request more information, you should contact the OFFICIAL TRAVEL AGENCY:



SPORTS EVENTS DIVISION – VIAJES EL CORTE INGLÉS, S.A.
TENIENTE BORGES, 5. 41002 SEVILLA – SPAIN

TLPH:  +34.954.50.66.20

FAX  +34.954.22.42.45

E-mail:  rfek@rfek.es

[CONTACT WITH: MARCO CEPILE](#)

To book the above services, please take note the following deadlines in order to fill up and send the forms to the Official Travel Agency Viajes El Corte Inglés:

- ✓ **Accommodation:** *Reservations will depend on availability of the hotels.*

From 11th JULY the prices would be able to increase.

Headquarters Hotel



25th SENIOR MEDITERRANEAN KARATE CHAMPIONSHIP

BEATRIZ TOLEDO



Address: Concilios de Toledo s/n, 45005 Toledo, España

	single	double	triple
Accommodation and breakfast.	82,50 €	54€	50,50 €
Half board	94 €	65,50 €	61,50 €
Full board	105,50 €	77 €	73 €

Others Official Hotels

EUROSTARS TOLEDO



Address: Paseo San Eugenio, s/n, 45003 Toledo

	single	double	triple
Accommodation and breakfast.	90,50 €	52 €	-
Half board	103 €	65 €	-
Full board	116 €	77,50 €	-





25th SENIOR MEDITERRANEAN KARATE CHAMPIONSHIP

SERCOTEL PINTOR EL GRECO



Address: Alamillos del Tránsito, 13 - Toledo – 45002

	single	double	triple
Accommodation and breakfast.	131,50 €	69,50 €	-
Half board	157,50 €	95,50 €	-
Full board	173 €	111 €	-

ALFONSO VI



Address: Cuesta de los Capuchinos, 2 - Toledo – 45001

	single	double	triple
Accommodation and breakfast.	72,50 €	43,50 €	41,50 €
Half board	91 €	62 €	60 €
Full board	109 €	80,50 €	78,50 €

Price per person, VAT included

FOR MORE INFORMATION ABOUT PRICES, PLEASE CONTACT TO THE OFFICIAL TRAVEL AGENCY. YOU CAN USE THIS LINK TO MAKE THE RESERVATION OF YOU ACCOMODATION.

http://www.divisioneventosdeportivos.com/deportes/cgi.hrb?i_dexp=Y828S&main=alojamientos&idsubexp=NXW19





25th SENIOR MEDITERRANEAN KARATE CHAMPIONSHIP

Terms of responsibility

To be filled, signed sent back before by July 22nd, 2016

I, _____ the undersigned, as the Chief of Delegation of my country, duly enrolled to participate in the **25th SENIOR MEDITERRANEAN KARATE CHAMPIONSHIP**, which will be held in Toledo, Spain, from the 10th to the 11th of September 2016, with fully knowledge of the Statutes, the Rules and the Norms of The MEDITERRANEAN KARATE FEDERATION, pledge myself to faithfully accomplish the regulations of this before mentioned entity, and I take any and all administrative, civil and criminal responsibilities of whatever happens to our athletes, coaches and other members of our delegation participating in this Championships, before, during and after the competition, such as physical injuries, personal expenses, or monetary debts and casual material damages to the hotels, the venue, means of transportation etc.

Furthermore, I exempt from any legal, civil or criminal responsibilities the organizers of the Championships, the World Karate Federation and the Spanish Karate Federation, its directors, as well as any person, company, or entity related to the event (sponsors, public and private entities).

I authorize the organizers of the event to use images, photos and the names of our competitors and other members of our delegation (since it is considered necessary) for the sport activities and publications of karate, related to the event, without any monetary compensation.

Country/Nation:	
Surname, First name:	
Passport number & expiry date:	
Credit Card details & expiry date:	
Position in the federation:	
Address:	
Phone number:	
Email:	

Fill in, stamp, sign and send to:

Spanish Karate Federation
 Fax: +3491 534 54 90
 e-mail: rfek@rfek.es

Signature

The Delegations that have not submitted this document may not be registered at the 25th SENIOR MEDITERRANEAN KARATE CHAMPIONSHIP



25th SENIOR MEDITERRANEAN KARATE CHAMPIONSHIP

Categories

MALE KATA INDIVIDUAL
MALE KUMITE INDIVIDUAL
-60kg; -67kg; -75kg; -84kg; +84kg
FEMALE KATA INDIVIDUAL
FEMALE KUMITE INDIVIDUAL
-50 kg; -55 kg; -61 kg -68 kg; +68 kg
MALE KATA TEAM
MALE KUMITE TEAM
FEMALE KATA TEAM
FEMALE KUMITE TEAM

Ages:

For Kata M/F Minimum 16 Years Old in the date of Registration

For Kumite M/F Minimum 18 Years Old in the date of Registration

In individual category kumite and kata M/F can register two competitors from each country. In team category kumite and kata M/F can register one team from each country.

Registration

Registration of all delegations must be done through SPORTDATA online system and the deadline is on 28th August 2016. The confirmation of the delegations registration must be done at the "Beatriz Hotel" on Friday 9 of September 2016 from 10:00 to 16:00, by presenting a valid Passport and ensuring of the correct athletes categories.

Participation fee for each athlete is €20 in each Category and also €20 for each referee participating in the referee seminar & exams. Referees succeeding to the referee exams will receive a MKFU badge which is €10 cost. Annual country membership fee is €200 and must be paid during the registration to MKFU treasure.

Each delegation should bring a CD-ROM, with its national anthem and two (2) national flags.



25th SENIOR MEDITERRANEAN KARATE CHAMPIONSHIP

Protection

WKF kumite and kata rules. All rules of WKF apply for kata and kumite.

WKF Compulsory items

TRADEMARK	MAIN OFFICE
	DOUBLE D 2, rue Vladimir Jankelevitch 77184 Emerainville France Phone : +33 1 64 73 00 03 Fax : + 33 1 64 73 00 04 E-mail: nicolas.poy-tardieu@doubled.fr
	ARAWAZA 724, Chemin des Anglais Mascouche (QC) J7L 3R6 Canada Phone: + 1 450 477 4410 Fax: + 1 450 477 4400 E-mail: sales@arawaza.com
	SBI SPORT AB Staffanstorpvägen 115 S-23291 ARLÖV- MALMÖ Tel: +46 40 948888 Fax: +46 40 940780 E-mail: robert.tegel@sbisport.se
	DAEDO, S.L. C/ Balmes 55 08007 Barcelona Spain Tel : +34 93 2635350 / 93 4541514 Fax : +34 93 4535251 Email : daedo@daedosport.com
	BUDOLAND Am Griesenbach 8 83126 Flintsbach Germany Phone: 08034-90990-0 Fax: 08034-90990-11 E-mail: info@budoland.de
	SHUREIDO 1-1-6 Tomari, Naha-City Okinawa (Japan) 900-0012 Tel No: +81(98)861 5621 Fax No: +81(98)861 5525 Email: shureido@orange.ocn.ne.jp



25th SENIOR MEDITERRANEAN KARATE CHAMPIONSHIP

	TOKAIDO Kojimachi KY Bldg., 3-12-4 Chiyoda-Ku 102 Tokyo Japan Phone: +81 3 3262 02 81 Fax: +81 3 3234 93 87 E-mail: tokaodo@par.odn.ne.jp
	WESING Fujian Weizhixing Sports Goods Co., Ltd. Binjiang Industrial Park, Xiamei Town, Nan'an City, Fujian Province 362302, China. Tel: +86-595-26889099 Fax: +86-595-8675 6390 E-mail: fu.yingwei@wesingsports.com

THE OFFICIAL DISTRIBUTOR LIST CAN BE CHECKED ON THE WKF OFFICIAL WEB PAGE: www.wkf.net UNDER THE "HOMOLOGATED ITEMS" AREA

The use of the WKF Body Protector is compulsory for all male and female Kumite categories.





25th SENIOR MEDITERRANEAN KARATE CHAMPIONSHIP

Competition Program

Friday 9th September

- 10:00 - 12:00 Seminar in kata/kumite – HQ - Beatriz Hotel
- 15:00 – 16:00 Exams in kata/kumite – HQ - Beatriz Hotel
- 10:00 – 18:00 REGISTRATION FOR ALL DELEGATIONS – HQ - Beatriz Hotel
- 10:30 – MKFU EXECUTIVE COMMITTEE MEETING – HQ - Beatriz Hotel
- 18:00 – MKFU CONGRESS – HQ - Beatriz Hotel
- 19:30 – REFEREES, COACHES BRIEFING & DRAWS – HQ - Beatriz Hotel

Saturday 10th September

- 09:00 - 10:00 Weigh IN for all categories – Sport Hall
- 10:00 - 11 :00 Kata individual elimination and repechage M/F
- 11:00 - 14:00 Kumite individual elimination and repechage female -50kg; -55kg; -61 kg> male - 60KG; -67KG; -75KG
- 14:00 - 15:30 Lunch
- 15:30 - 17:30 Kumite individual elimination and repechage female -68kg; +68kg male -84kg; +84kg
- 17:30 - 18:00 Opening ceremony
- 18:00 - 19:30 Final M/F kata and kumite and medal ceremony

Sunday 11th September

- 10:00 - 11 :00 Kata team M/F elimination
- 11:00 - 13:00 Kumite team M/F elimination and repechage
- 13:00 - 16:00 Final M/F kata and kumite team
- 16:00 - 16:30 Medal ceremony





25th SENIOR MEDITERRANEAN KARATE CHAMPIONSHIP

Entry Form

COUNTRY	
ADDRESS	
E-MAIL	
PHONE NUMBER	
CONTACT PERSON	

CATEGORY	NAME	SURNAME
KATA IND. FEMALE	1.	
	2.	
KATA IND. MALE	1.	
	2.	
FEMALE KUMITE -50 kg	1.	
	2.	
FEMALE KUMITE -55 kg	1.	
	2.	
FEMALE KUMITE -61 kg	1.	
	2.	
FEMALE KUMITE -68 kg	1.	
	2.	
FEMALE KUMITE +68 kg	1.	
	2.	
MALEKUMITE - 60kg	1.	
	2.	

KUMITE -67 kg	1.	
	2.	
KUMITE -75 kg	1.	
	2.	
KUMITE - 84 kg	1.	
	2.	
KUMITE -84kg	1.	
	2.	

KATA TEAM FEMALE:	
KATA TEAM MALE:	
KUMITE TEAM FEMALE:	
KUMITE TEAM MALE:	

