



CYPRUS KARATE
FEDERATION

28th MEDITERRANEAN KARATE CHAMPIONSHIP
CADETS, JUNIORS, U21 & SENIORS
Nicosia, Cyprus



KARATE

3-5 April 2020

28th MEDITERANEAN KARATE CHAMPIONSHIP

CADETS, JUNIORS, U21 & SENIORS

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WKF President's Foreword

The Mediterranean Karate Championships are always an intriguing event, as we witness the stars of the sport in the region demonstrating their enormous potential. The 28th edition of the championships is set to be an even more thrilling event since it will bring karatekas further opportunities to succeed at the highest level while the quest to the Olympic Games intensifies.



Additionally, the Mediterranean Championships are the stage where the stars of the future show the promising prospects of our sport. This is truly at the heart of what these events are all about, recognising the progress of younger competitors and saluting the immense skill of up-and-coming athletes who are on their way to dominate the sport in years to come.

The 2020 Mediterranean Karate Championships will be held in Nicosia (Cyprus), from April 3 to 5, 2020. We expect to have the same successful attendance of karatekas from all the Mediterranean nations as in previous editions. I would like to thank the Cyprus Karate Federation and its president Andreas Vasileiou as well as the Mediterranean Karate Federation headed by president Bechir Cherif for their determination in organising this event.

Best of luck to all the participants and organisers and a big “Oss” to all of you Karate fans.

Antonio Espinós

WKF and EKF President

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MKFU President



Dear Colleagues,

I would first like to express my joy to be here in Nicosia, a city with a strong heritage and a deep history throughout the centuries. Nicosia will host the “28th Mediterranean Karate Championship for Cadets, Juniors, U21 & Seniors”. I sincerely like to thank the president Andreas Vasileiou and the directing committee of Cyprus Karate Federation for their effort to organize this championship, a place truly Mediterranean where there are real cultural and civilization values of tolerance, self-esteem, humility, respect for one another, discipline and altruism.

The presence of various delegations from different Mediterranean countries is evidence of the organizers’ desire to forge strong links between the youth on the one side and the adult supervisors on the other with the goal to succeed in better communication between all people founded on the karate values: dignity and humility, equality, and rigorous development of mind and body.

These games provide the opportunity for participants to aim for Olympic values, themselves of Mediterranean origin, and true ideology while being inextricably bound to all human coexistence. The ultimate goal of Karate is to aim for a life together in which mutual respect, regard for one another and interpersonal relationships exist in harmony soaked in the vigor of a culture of peace and transcendence.

Let me express my sincere appreciation to president of WKF Mr. Antonio Espinos for his extensive support in the endeavors of MKFU and more over for his outstanding work in succeeding joining karate in the Olympic program 2020, a long way dream that he made reality for every karateka.

Finally, I would like to reiterate my compliments to the organizers for this grand affair that encourages fruitful exchange and encompasses all the best of the essence of humanity.

Bechir Cherif
President
Mediterranean Karate Federations Union – MKFU
Vice-President WKF

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CKF President's Foreword

Dear Karatekas,

On behalf of the Cyprus Karate Federation I'm looking forward in welcoming you for once more in Cyprus, this time for the "28th Mediterranean Karate Championship for Cadets, Juniors, U21 & Seniors". As you have known, Cyprus has gain valuable experience in organizing big international events such as the European Karate Championship in 2001, the World Karate Championship in 2005, the Mediterranean Karate Championship in 2007 and the Balkan Karate Championship in 2011, the Mediterranean Karate Championship in 2013, the European Karate Championship in 2016 and the K1 Youth League 2019.



Encouraged and excited by the success of the previous championships organized in Cyprus, the Cypriot Karatekas and particularly the Cyprus Karate Federation Directing Committee works very hard to ensure that the "28th Mediterranean Karate Championship" will be a truly worthy event for all those involved. This event will be truly worthwhile for those who will participate, athletes, coaches, referees and delegates. The Championship will be held in Nicosia the capital of Cyprus and specifically in Tassos Papadopoulos Eleftheria Sports Center.

Looking forward to seeing you soon in Cyprus!

Andreas Vasileiou
President
Cyprus Karate Federation

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Nicosia



Nicosia is the capital of Cyprus.

The Nicosia district combines its culture heritage with the contemporary way of life. The capital is steeped in history with large Venetian walls encompassing a beautiful old city. There is also a museum containing many amazing artifacts dating back to a



time long ago. Its artifacts include a 1st Century A.D. statuette of Aphrodite of Soli and the original mosaic of Leda and the swan as well as another museum (Leventis Museum) containing artifacts depicting Nicosia's history. The new city expands in to a modern European-influenced centre of buildings, offices, pavement cafes and shops. Nicosia is an ideal place for shopping especially Stassicratous

Street.

In the countryside you'll encounter olive groves and various orchards leading up in to the renowned pine forest of the Machairas Mountains on top of which lies a centuries old monastery. From the monastery which is dedicated to the Virgin Mary and is one of the jewels of Cyprus, you can look down on to the picturesque valley with a brilliant view in all directions. Traditional villages with cobbled streets are spread throughout the rural areas of the Nicosia district.



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WKF Approved Equipment's

The following brands are **WKF Approved** for use in the Mediterranean Championship.

SPORT PROTECTIONS WKF APPROVED	
BRAND	CONTACT INFORMATION
	<p>DOUBLE D 2, rue Vladimir Jankelevitch 77184 Emerainville, FRANCE Phone : +33 1 64 73 00 03 Fax : + 33 1 64 73 00 04 E-mail: nicolas.pcy-lardieu@doubled.fr http://en.doubled-martialarts.com</p>
	<p>ARAWAZA 724, Chemin des Anglais Mascouche (QC) J7L 3R6, CANADA Phone: + 1 450 477 4410 Fax: +1 450 477 4400 E-mail: sales@arawaza.com www.arawaza.com</p>
	<p>SBI SPORT AB Staffanstorpvägen 115 S-23291 Arlov- Malmö, SWEDEN Tel: +46 40 948888 Fax: +46 40 940780 E-mail: robert.tegel@sbisport.se www.budo-nord.com</p>
	<p>DAEDO INTERNATIONAL Botánica 116, 08908 Hospitalet de Llobregat, Barcelona, SPAIN Tel: +34 93 454 15 14 Fax: +34 93 453 52 51 E-mail: marketing@daedo.com www.daedo.com</p>
	<p>BUDOLAND Am Griesenbach 8 83126 Flintsbach, GERMANY Phone: +49 (0) 8034 909900 Fax: *49 (0) 8034 9099011 E-mail: info@budoland.de www.budoland.com</p>

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 <p>守礼堂 SHUREIDO</p>	<p>SHUREIDO 1-1-6 Tomari, Naha-City 900-0012 – Okinawa, JAPAN Tel No: +81(98)861 5621 Fax No: +81(98)861 5525 Email: shureido@orange.ocn.ne.jp www.shureido-karate.com</p>
	<p>Sports Master Athletic International (SMAI) 96-119 Jardine St, Fairy Meadow, NSW, 2519, AUSTRALIA Ph: +61 2 42834363 Fax: +61 2 42855512 E-mail: info@smal.com.au www.smal.com.au</p>
	<p>TOKAIDO INTERNATIONAL G/FL., 13 Nanking Street Yaumatei, Kowloon, HONG KONG Phone: +49 911 98815 – 11 Fax: +49 911 98815 – 99 E-mail: Dietmar.Nowak@DAX-Sports.com www.tokaido.eu</p>
	<p>TWIN TOWER ENTERPRISE CORP. No. 168-13, Chyuan-shin Lii, Shin-huah, Tainan, TAIWAN Tel: +886-6-598-2133 Fax: +886-6-597-0840 E-mail: twitower@ms43.hinet.net www.wscoku.com</p>
	<p>WESING Fujian Weizhixing Sports Goods Co., Ltd. Binjiang Industrial Park, Xiamei Town, Nan'an City, Fujian Province 362302, CHINA Tel: +86-595-2688 9696 Fax: +86-595-8675 6390 E-mail: info@wesingsports.com www.wesingsports.com</p>

TATAMIS WKF APPROVED	
BRAND	CONTACT INFORMATION
 <p>PROGAME TATAMI BY TROCELLEN</p>	<p>TROCELLEN Italia S.p.A. Via Schiavonesca Nuova 8 31040 Volpago del Montello (TV) Italy Ph: +39 0423 8735 Fax: +39 0423 621434 Email: icodato@trocellen.com www.progame-tatami.com</p>
	<p>TATAMIX srlcr Via Don Pedrinelli 48 24030 Carvico (BG) Tel: +39 039 6888492 Fax: +39 035 4362212 Email: info@tatamix.it www.tatamix.it</p>
	<p>TAISHAN SPORTS EQUIPMENT Co., Ltd Address: No.8 Tiyuquan Road, Dongcheng District, Beijing, China Phone: +86-10-84985396 Email: wadezheng@taishansports.com www.taishansports.cn</p>
	<p>WESING Fujian Weizhixing Sports Goods Co., Ltd. Binjiang Industrial Park, Xiamei Town, Nan'an City, Fujian Province 362302, CHINA Tel: +86-595-2688 9696 Fax: +86-595-8675 6390 E-mail: info@wesingsports.com www.wesingsports.com</p>

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EVENT PROGRAM

<u>Friday, April 3rd</u>		
Timing	Activities	Location
09:00 - 11:00	Referee Seminar (Kata & Kumite)	Landmark Hotel
11:00 - 17:00	Registration & Credentials Desk Open & <u>Weigh-in</u>	Landmark Hotel
14:00 - 16:00	Referee Examination (Kata & Kumite)	Landmark Hotel
16:30 - 17:30	MKFU Executive Committee Meeting	Landmark Hotel
17:30 - 18:30	MKFU Congress	Landmark Hotel
19:00 - 20:00	Referee Briefing	Landmark Hotel
20:00	The Draw	Landmark Hotel
<u>Saturday, April 4th</u>		
Timing	Activities	Location
09:00 - 17:00	Elimination & Repechages: <ul style="list-style-type: none"> • Individual <i>Kata</i> <u>Cadets & U21</u> Male & Female • Team <i>Kata</i> (<u>Cadets & Juniors</u>) Male & Female • Individual kumite <u>Cadets & Junior</u> Male & Female • Individual kumite <u>U21</u> Male & Female 	Sport Hall
18:00	Opening Ceremony	Sport Hall
19:00	Finals & Medals Ceremony	Sport Hall
<u>Sunday, April 5th</u>		
Timing	Activities	Location
09:00 - 17:00	Elimination & Repechages: <ul style="list-style-type: none"> • Individual <i>Kata</i> <u>Junior & Senior</u> Male & Female • Team <i>Kata</i> (<u>Senior</u>) Male & Female • Individual kumite <u>Senior</u> Male & Female 	Sport Hall
17:00	Finals & Medals Ceremony	Sport Hall

All the Referees must attend the Referee Seminar, except the WKF Referees who should attend the Briefing.

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Accommodation

Landmark Hotel ***** HQ



The largest and most celebrated hotel in Cyprus, **The Landmark Nicosia** has been playing an important part in the country's international image, since 1967. An elegant artwork of 60s architecture, it is famed for its highest standards of hospitality, the luxurious facilities, the 5-star service, which no other hotel in the city offers; and its people, with their unparalleled professionalism and warm welcome smile. 52 years tradition in hospitality are all here, in The Landmark Nicosia, only even better now.

The ideal place to stay while visiting Cyprus, The Landmark Nicosia is superbly located within easy reach of Nicosia's city center, next to the business and shopping district, and within walking distance of the city's historic sites, museums and art galleries. A 20-minute stroll will take you into the Old City where historic churches and mosques are surrounded by ancient Venetian Walls, once built to defend the city. Visit one of the area's traditional meze restaurants or explore its rich history. Back at the hotel, you can enjoy the Mediterranean climate as you cool off in the large outdoor pool or relax in the sun on your private balcony.



Europa Hotel ***

Situated in the heart of the Nicosia business district and just a 5-minute walk from Nicosia's Archaeological Museum, Europa Plaza Hotel offers a variety of elegantly appointed rooms with free American breakfast. Free WiFi is available throughout the property.

Europa Plaza Hotel is thoughtfully designed and carefully decorated to create a calm and comfortable environment. Accommodation ranges from spacious standard rooms to more luxurious suites and all are well-appointed with modern amenities.

After a day of sightseeing or meetings, relax with a coffee in Europa's café and watch satellite TV in the stylish lounge area. During the summer, Europa's veranda is a lovely place to enjoy the weather. Enjoy delicious Mediterranean cuisine at the elegant gourmet restaurant.

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Semeli Hotel **

Semeli Hotel is located in the financial and business centre of Nicosia and offers a great base for exploring Cyprus' capital. Its elegant rooms come with parquet floors, 32-inch LCD TV and free WiFi.

The 5-floor hotel offers modern, air-conditioned rooms with a minibar and coffee making facilities. Courtesy bathrobes and slippers are provided.

A buffet-style breakfast and a la carte lunch and dinner menus are available at Semeli's restaurant. All-day drinks and pre-dinner cocktails can be enjoyed at the bar. A widescreen TV that broadcasts sporting and other events is available in the bar area.

Prices are per Room on Bed/Breakfast basis

HOTEL	Stars	Single Room	Double Room	Triple Room
LANDMARK HQ HOTEL	*****	€100.00	€120.00	€150.00
EUROPA	***	€60.00	€85.00	€110.00
SEMELI	**	€70.00	€90.00	

***Please for all your hotel booking and transfer contact:
cypruskaratefederation@gmail.com

NOTES & CLARIFICATIONS

1. The Headquarter Hotel of the event will be [Landmark Hotel](#) .
2. All prices are in euro.
3. Accommodation is provided on a bed and breakfast basis.
4. The allocation of the rooms in the hotels will be on a priority basis, so delegations that have preference for particular rooms, should arrange their reservations the soonest
5. Accommodation reservations should be accompanied with the reservation form
6. **Please note that the official airports of the Republic of Cyprus are the International airports of Larnaca and Pafos.**

Transportation

TRANSPORTATION COST

Taxi Up to 4 persons	€140.00
Minibus for 20-persons	€30.00 p/p - min. 15 persons
Bus for 50-persons	€25.00 p/p - min. 30 persons

The above prices are from Larnaca/Pafos airport to hotel and back from the hotel to Larnaca/Pafos airport.

www.cypruskarate.org

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Transportation will be offered FREE from the official hotels to the stadium and vice versa - For delegations that has booked through Cyprus Karate Federation. (Morning before the competitions and Night after the end of competition)

Transportation will be organized by taxi, mini bus or bus, dependin on the number of participants on each arrival.

- Depending on the number of persons in each delegation a bus or taxi or other vehicle will be used.
- The only **official** airports in Cyprus are **Larnaca and Pafos International Airports**.
Transportation to the hotels will be only offered from these airport

Insurance

It is compulsory that all participants and members of delegations to have their own medical and personal trip insurance. Cyprus Karate Federation and Mediterranean Karate Federation assume no liability or responsibility for the lack of insurance from participants and members of delegations.

Organizer and Contact

Cyprus Karate Federation

21 Amfipoleos Str., 216B

1687 Nicosia – Cyprus

Tel. ++357 22 44 98 39, FAX. ++357 22 44 98 43 cypruskaratefederation@gmail.com

Registration

All competitors, referees, coaches and officials must register online using the online system on <http://www.sportdata.org/wkf>. In case of any questions concerning the online registration please directly contact the Sportdata software team via the email address office@sportdata.org.

Federations are responsible for the quality of the entered registration data. Changes of online registration data are possible until **Sunday 15th March 2020**.

Visa Requirements

Every traveler must have a valid passport or EU ID card. For more information, please refer to:

<http://www.mfa.gov.cy/mfa/mfa2016.nsf/All/0E03E0EE9B9833EAC2258022003F023B?OpenDocument>

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Technical Support for Online Registration

www.sportdata.org/wkf/set

The official registration session will take place on Friday **3rd April 2020** from **11.00 a.m. to 5.00 p.m.**

The official weighing will take place during the registration session.

At registration, accreditation cards will be issued with the participants main data, a photograph and information about registered categories. The accreditation card must be worn at all times during the event.

Only National Federations member of MKFU are admitted to participate in this event.

[Each national federation can register Three \(3\) athletes or one \(1\) team in each category.](#)

Please note that all participants have to show their passports at the registration session.

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Categories

CADETS U16
Kata Female
Kumite Female -47 kg
Kumite Female -54 kg
Kumite Female 54 + kg
Kata Male
Kumite Male -52 kg
Kumite Male -57 kg
Kumite Male -63 kg
Kumite Male -70 kg
Kumite Male 70 + kg

U21 & SENIORS
Kata
Kumite Female -50 kg
Kumite Female -55 kg
Kumite Female -61 kg
Kumite Female -68 kg
Kumite Female 68 + kg
Kata
Kumite Male -60 kg
Kumite Male -67 kg
Kumite Male -75 kg
Kumite Male -84 kg
Kumite Male 84 + kg

JUNIORS U18
Kata Female
Kumite Female -48 kg
Kumite Female -53 kg
Kumite Female -59 kg
Kumite Female 59 + kg
Kata Male
Kumite Male -55 kg
Kumite Male -61 kg
Kumite Male -68 kg
Kumite Male -76 kg
Kumite Male 76 + kg

TEAM KATA
Female <i>Team Kata</i> Cadets
Female <i>Team Kata</i> Juniors
Female <i>Team Kata</i> Seniors
Male <i>Team Kata</i> Cadets
Male <i>Team Kata</i> Juniors
Male <i>Team Kata</i> Senior

Registration is €20 per athlete.

€20 for each referee participating in the referee seminar & exams.

Succeeding to the referee exams will receive a MKFU badge which is €10 cost.

Annual country membership fee is €200 and must be paid during the registration to MKFU treasurer.

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The Venue

Sport Hall - Tassos papadopoulos - Eleftheria



Eleftheria Athletic Center, officially named Tassos Papadopoulos Eleftheria Indoor Hal is an indoor arena that is located besides Makario Stadium and Lefkotheo Indoor Hall in Engomi, Nicosia, Cyprus.

The hall is mainly used for indoor sports events. It is sometimes also used for national celebrations, for the declaration of the new President of Cyprus, and for musical concerts.

The arena is named after Tassos Papadopoulos, the fifth President of the Republic of Cyprus. Currently, the arena has a capacity of around 6,800 seats, and it is the biggest indoor sports hall on the island of Cyprus.





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