

KARATE BEACH KATA

TECHNICAL
MANUAL

3rd

MEDITERRANEAN
BEACH GAMES



HERAKLION



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01. KARATE BEACH KATA FEDERATIONS

INTERNATIONAL FEDERATION

World Karate Federation (WKF)

Calle Princesa 25, 3^o1,
28008 . Madrid (Spain).

Tel: (+34) 91 535 96 32

Email: wkf@wkf.net

Website: <http://www.wkf.net>

President: Mr. Antonio Espinós

NATIONAL FEDERATION

Hellenic Karate Federation

Olympic Center of Anw Liosia,
13343 Athens, Greece

Tel: +30 210 681 31 19

Website: www.elok.gr

E-mail: info@elok.gr

President: Mr. Theodoros Sietis

02. MANAGEMENT OF KARATE BEACH KATA COMPETITIONS

WKF TECHNICAL DELEGATE

Mr. Bechir Cherif

E-mail: cherif.bechir55@gmail.com

STAFF OF THE ORGANIZING COMMITTEE OF THE 3RD MEDITERRANEAN BEACH GAMES "HERAKLION 2023"

The staff organization for this sport is consisted of the WKF Technical Delegate and a Competition Manager who will be responsible for the proper conduct of the competition.



03. KARATE BEACH KATA COMPETITIONS

KARATE BEACH KATA	
3 rd Mediterranean Beach Games "Heraklion 2023"	
 	
COMPETITIONS	
Women's Individual Kata	Men's Individual Kata

10 TH SEPTEMBER	TIME	
Warm up	09.00 – 09.30	
	10.00	Women's Competition
	13.00	Award Ceremonies

11 TH SEPTEMBER	TIME	
Warm up	09.00 – 09.30	
	10.00	Men's Competition
	13.00	Award Ceremonies

The final time schedule of the Karate Beach Kata competitions will depend on the number of participating countries and shall be confirmed during the Technical Meeting.



04. TERMS & CONDITIONS

Necessary condition for the conduction of the Tournaments:

- Women's Individual Kata:
At least six (6) nations registered by the deadline of the Preliminary Registration
- Men's Individual Kata:
At least eight (8) nations registered by the deadline of the Preliminary Registration

Depending on the Registrations by number submitted until the 5th of May, the President of the Sports Program Commission of the ICMG, assisted by one or two members of this commission appointed by the President of the ICMG, and in cooperation with the Sports Director of the OC MBG, will decide, on the 22nd of May, the list of canceled events.

Once confirmed, the events will take place regardless of the actual number of participants.

COMPETITION REGULATIONS

Karate Beach Kata competitions will be held in accordance with the World Karate Federation rules in force, special dispensations by the ICMG excepted.

Any case not covered by the aforesaid rules will be decided as follows:

- General cases will be settled according to ICMG rules;
- Technical questions will be decided according to WKF rules.

Any dispute arising before or during the competitions will be decided by the Competition Manager, in accordance with the mentioned rules, except by ICMG.

ELIGIBILITY

All NOCs of the ICMG member countries whose Federations are also WKF members can take part in the Karate Beach Kata Tournament of the 3rd Mediterranean Beach Games "Heraklion 2023". Athletes must be nationals of the country they represent and must comply with and follow the ICMG and WKF conditions and rules.

Each country is eligible to take part in the competition with maximum two (2) male and two (2) female athletes.



05. TECHNICAL ORGANIZATION

The Organizing Committee supervised by the WKF Technical Delegate, is responsible for the technical organization and management of the Karate Beach Kata competitions of the 3rd Mediterranean Beach Games "Heraklion 2023".

COMPETITIONS

The organization of the Competitions for the Individual Kata will be in accordance with the number of participating athletes and will follow the format of two pool Round-robin competition. This consists of a two-pool system where the winners of the pools go to the final, while number 2 of the one pool will face number 3 of the other pool and vice versa to meet for the two bronze medals.

Only Kata from the WKF official Kata list may be performed.

The performance is evaluated from the bow starting the Kata until the bow ending the Kata. The starting point for the performance is anywhere within the perimeter of the competition area.

After the bow the Competitor must announce clearly the name of the Kata that is to be performed and then start the performance.

At the end of the performance, which is defined as the final bow in the Kata, the Competitor must wait for the announcement of the evaluation, bow, and then leave the Tatami.

Performances are given a score using a scale from 5.0 to 10.0 in increments of 0.1 – where 5.0 represents the lowest score possible for a Kata that is accepted as performed – and 10.0 represents a perfect performance. A disqualification is indicated by a 0.0 score. The system will eliminate the highest and lowest scores.

Ties are resolved by the following steps to determine the winner:

1. The one having the highest score when including also the lowest score obtained in the performance between the two Competitors (Results given by 6 of the 7 Judges).
2. The one having the highest score including both the lowest and highest score obtained in the performance between the two Competitors (Results given by all 7 Judges).
3. Highest World Ranking at the date of the competition.
4. Coin toss (random selection).



06. JUDGES & REFEREES

The panel of Judges for the Karate Beach Kata competitions of the 3rd Mediterranean Beach Games "Heraklion 2023" will consist of 7 Judges.

The same panel of Judges must be deployed for all Competitors in a group for any single round in Round-robin.

For medal bouts, none of the Judges may have the same nationality, as the competitors or have any other kind of conflict of interest such as same country of residency, family ties including in-laws or athlete/coach relationship.

For each mat, one Judge is designated as the Chief Judge and will assume the lead in conducting any required communication with the Software technician and handle any unanticipated issue among the Judges.

In addition to the Software Technician, and the Announcer of results, the panel for medal rounds are also assisted by a Timekeeper keeping track of the maximum performance time (The Announcer and the Software Technician may be the same person).

Furthermore, the OCMBG will provide Runners for each competition area, familiar with the WKF Kata list, to collect and record the chosen Kata of the Competitors before each round and bring the listing to the Software technician. The Tatami Manager is responsible for overseeing the operation of the Runner(s).

07. REGISTRATION

GENERAL PRINCIPLES

The 3rd Mediterranean Beach Games "Heraklion 2023" are open to all the athletes of NOC of the Mediterranean countries-members of the ICMG, as it is referred to in the regulations of the ICMG map and IOC.

ENTRIES

The entries system of the Delegation is linked to the General Accreditation System. Details about the Accreditation procedure will be distributed on the 16th of February in the Accreditation Manual. One week of trial for the e-Accreditation portal will be given, starting from the 16th of February.

KEY DATES

DEADLINE	FUNCTION
Thursday February 16 th 2023	Distribution of Accreditation Manual, E-Accreditation User Guide
Friday February 24 th 2023	E-Accreditation Portal Launch
Friday March 10 th 2023	Preliminary Entries by Number for Athletes and Officials
Friday May 5 th 2023	Final Entries by Number for Athletes and Officials
Friday July 7 th 2023	Preliminary Entries by Name for Athletes and Officials (Long List)
Friday August 4 th 2023	Final Entries by Name for Athletes and Officials (Short List)
Saturday September 10 th 2023	Closing of the E-Accreditation Portal
Sunday September 11 th 2023	Expiration of Accreditation Cards

08. TECHNICAL MEETING

The Technical Meeting will be held one day prior to the start of the Competition, at the Meeting Center in Venue 1. The time of the Meeting will be announced at a later date.

The Meeting will be organized under the supervision of the WKF Technical Delegate. The meeting will be attended by:

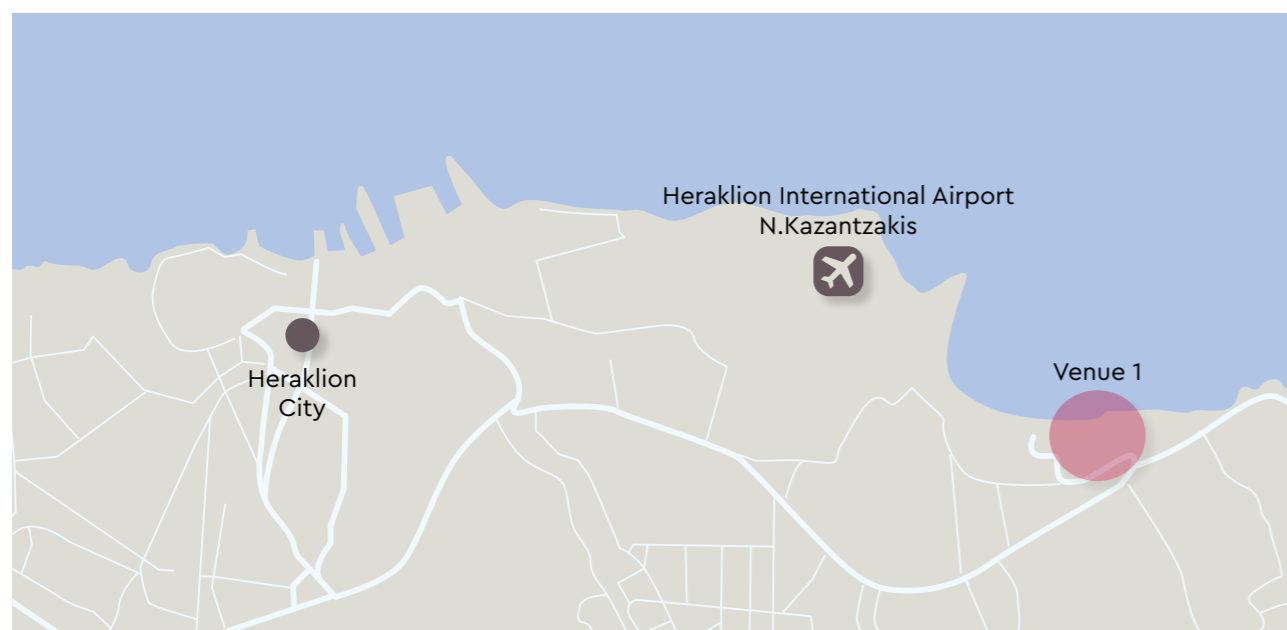
- WKF Technical Delegate
- Team Leader (one of each team)
- OCMBG 2023 Competition Manager

A member of the ICMG Technical Commission may attend the meeting.



09. FACILITIES & EQUIPMENT

The Karate Beach Kata competitions will be held at Venue 1, Karteros Beach Sports Center, which is the main Venue of the Games. The location of Karteros Beach Sports Center is 8km away from the center of Heraklion City and 6km away from Heraklion International Airport.



FACILITIES IN VENUE 1

All the main facilities of the Games will be situated in Venue 1:

- ICMG Center
- OC MBG Center
- Reception / Information Desk
- Meetings Center
- Media Center
- Medical Center
- Anti-Doping Center
- Accreditation Center
- Transportation desk
- Accommodation desk
- VIP lounge
- Merchandise

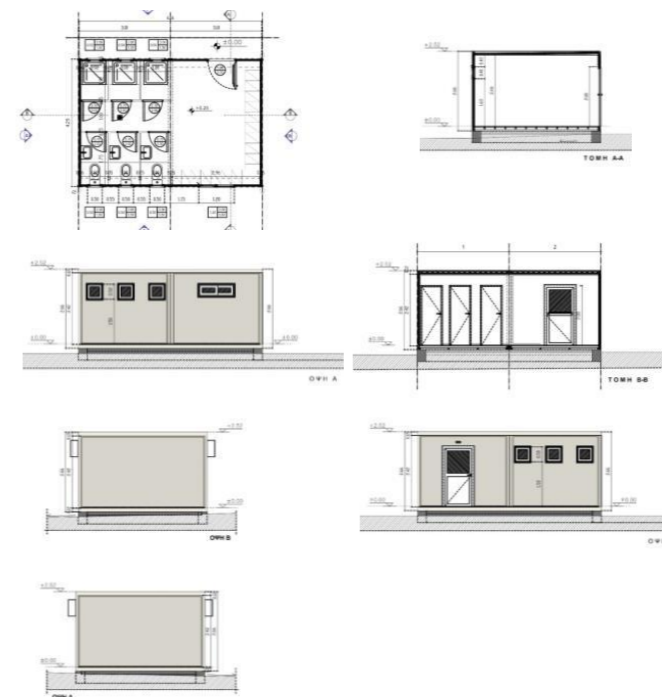
OTHER FACILITIES

- 33 toilets (4 for people with disabilities), situated in all indoors desks/halls as well as in the common areas of the venue
- 14 changing rooms with showers and toilets (2 for VIP)
- 2 exterior showers close to the fields of play
- Spacious parking area

Locker room accommodates 12 athletes and provides the following facilities:

1 Changing room 3 WC 3 Shower rooms

The locker room is made of prefabricated panels with external dimensions of 6,16x4,29m and 2,66 height.





SPORTS INFORMATION DESK

The Sports Information Desk will be situated in Venue 1, Karteros Beach Sports Center. This office will provide information on competition times, training sessions, list of players and results, as well as technical information communicated by the WKF and the OCMBG 2023.

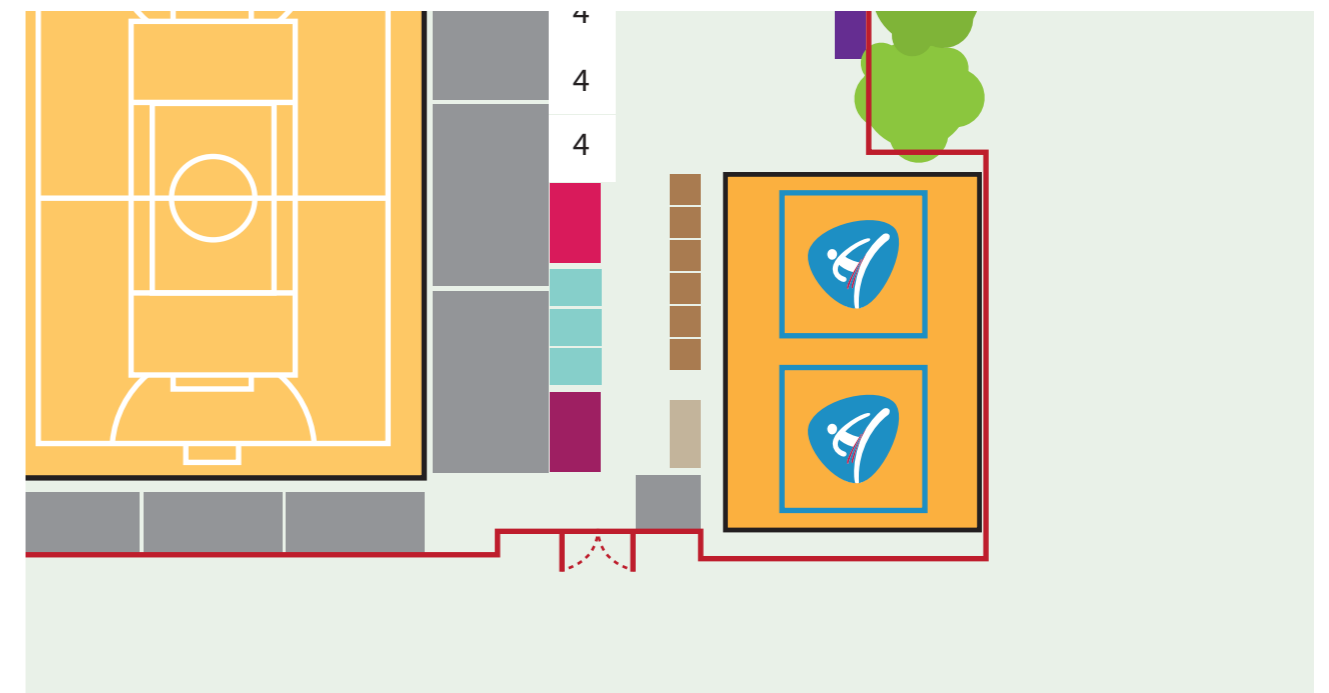
MIXED ZONE & PRESS CONFERENCE ROOM

Accredited Media will be allowed to conduct short interviews with the athletes in the Mixed Zone immediately after competitions. Athletes must go through this area to get out of the arrival area and they are requested to cooperate and to answer questions from the Press. Upon request by accredited Media, the person in charge of the Press of the OCMBG 2023 will escort the Athletes or their Coaches to the Press Conference Room in order to answer questions from the reporters.

COMPETITION AREA

The Karate Beach Kata Competitions will be held at Karteros Beach Sports Center (Venue 1), field 5. In the field, two competition areas with sides of eight (8) meters will be formed.

There will be a clear safety area of two meters on each side.



Judges and the Software Technician will be placed side by side at a table at the end of the competition area facing the Competitors with the Chief Judge (Judge no.1) closest to the Software Technician who sits at the far end of the table.

All Judges and the Software Technician are placed in line in front of the official table.

There must be no advertisement hoardings, walls, pillars etc. within one meter of the safety area's outer perimeter.

Coaches will be seated outside the safety area, on their respective sides and towards the official table.

EQUIPMENT

All sports and technical equipment used for competition and training will comply with technical regulations as defined by WKF in force, special dispensations by the ICMG excepted.

ATHLETES APPAREL

Competitors must wear a white, WKF approved, Karategi without stripes, piping, or personal embroidery other than specifically allowed by the WKF EC.

Kata team members must all wear the same type of Karategi. Where stripes are used these must be the same for all team members. Competitors may wear voluntary religious headwear approved by the WKF: A black plain fabric head scarf covering the hair, but not the neck or throat area.

Glasses are forbidden. Soft contact lenses can be worn at the Competitor's own risk.

Competitors must keep their hair clean and cut to a length that does not obstruct the performance. Hachimaki (headband) will not be allowed. Hair slides are prohibited, as are metal hairgrips. Ribbons, beads and other decorations are prohibited. One or two discreet rubber bands on a single ponytail is permitted.

The wearing of any unauthorised apparel, clothing or equipment is forbidden. The use of bandages, padding, or supports because of injury, must be approved by the Referee on the advice of the Tournament Doctor.

Competitors that appear at the competition area with irregular Karategi will be given one minute to correct the attire, and the Coach will automatically lose the right to coach the performance.

COACHES APPAREL

Coaches shall at all times during the tournament, wear the official track-suit of their National Federation and display their official identification.

The WKF Competition Supervisor, or the Organizing Commission, can allow Coaches to instead of the track suit jacket to use the federation's official team t-shirt without writing or logos.

10. TRAINING

JUDGES APPAREL

Judges must wear the official uniform as described in the WKF Kata Competition Rules, version 2023.

A cross-sport uniform will be provided for Judges at the cost of the OCMBG with the feel & look of the 3rd Mediterranean Beach Games "Heraklion 2023". The official uniform for Judges might be substituted by that common uniform, provided that it is requested in writing to the WKF by the event organizer and formally approved by the WKF.

Training will be held one day before the start of the Competitions, with a specific time schedule in accordance with the number of participating athletes. The schedule will be announced to all CdM in due course. The training will be held in the same Venue as the competitions.

Training sessions will be assigned by the OCMBG 2023 Competition Manager and WKF Technical Delegate for all participating teams. Sessions will be confirmed before 17:00 pm of the day before the start of competition or the same session will be assigned to another participating team.



11. MEDICAL SERVICES & ANTI-DOPING CONTROL

MEDICAL SERVICES PLAN

Heraklion has a perfectly adequate system of Hospital Care and healthcare in general. A complete plan for the medical coverage of the 3RD Mediterranean Beach Games is being organized, in order to ensure maximum security for all athletes, accredited persons and spectators. A Medical Guide will be published, containing all the necessary information concerning the Medical Services provided in the 3rd MBG "Heraklion 2023".

This plan will combine three main resources:

- Private physicians and health professionals working with the OC for the Medical coverage of the Games,
- Public Health System infrastructures (reserved EMS vehicle in immediate contact with the Public Hospitals of Heraklion)
- The Samaritans of the Hellenic Red Cross

MEDICAL CENTER

The Medical Center of the Games will be located in Venue 1, Karteros Beach Sports Center which is the competition Venue of Karate Beach Kata. It will include the following:

- Reception Desk
- Emergency Service
- Examination Rooms
- Massage/Physiotherapy room
- Pharmacy
- Laboratory

In the event's medical center, during all training and games, will be present:

- A Diagnostician
- An Orthopedic Doctor
- Two Nurses
- Hellenic Red Cross volunteers
- Assistant volunteers (reception desk/communication)
- Reserved ambulance (EKAB) in proximity

One (1) additional Pathologist will be present during training and Competitions of Karate Beach Kata.

ANTI-DOPING CONTROL

Anti-doping tests will be conducted during, and sometimes prior to the competition, under the responsibility of the Medical Committee of the ICMG in collaboration with the Anti-Doping Commission of the OCMBG 2023 and in accordance with ICMG and WKF rules. All athletes selected for anti-doping tests will receive written notification.

The procedure for collecting of samples to be analyzed in accordance with set rules and the time limits will then start.

Any athlete who refuses to undergo anti-doping control or who tests positive will be excluded from the competition and will be sanctioned along with his team according to the ICMG and WKF rules.

12. AWARD CEREMONIES

As cited in the ICMG Charter, the medals shall be presented only by:

- The Honorary members of the ICMG
- The Members of the IOC
- The Members of the OCMBG EC and the personalities proposed by them
- The Presidents and Secretaries General of participating NOCs
- The Presidents and Secretaries General of the IFs
- The Presidents and Secretaries General of the Mediterranean Sports Confederations or Unions recognized by the IFs
- The Members of the ICMG Commissions
- The delegates of the IFs
- The Members of the OCMBG 2023

Award ceremonies will be held at the end of each competition.

MEDALS & DIPLOMAS

In accordance with ICMG rules, the following prizes will be awarded:

1 st prize	2 nd prize	3 rd prize	4 th -8 th place
			
A Gold medal and a diploma for each competitor placed first	A Silver medal and a diploma for each competitor placed second	A Bronze medal and a diploma for each competitor placed third	A diploma for each competitor

13. REGULATION APPROVAL (BY ICMG)

This Regulation was approved
by the ICMG on **21 April 2023**



